

Dignity Yorkshire 3 Peaks Booking Form: 30th June 2018

We're delighted that you would like to join our team for the Yorkshire 3 Peaks. Please read the information provided here carefully then complete and return the attached booking form to events@dignityonline.org.uk.

Challenge Details

Saturday 30th June: The team will meet in [Horton in Ribblesdale](#) in the Yorkshire Dales National Park at 7.15am, to start walking at 7:30am.

What to expect on the day: The route is 24 miles and takes in Pen-y-ghent, Wharfedale and Ingleborough, 3 beautiful peaks in the Pennine range. It includes 1585m of ascent as you encircle the head of the valley of the River Ribble in the Yorkshire Dales National Park. Expected walking time is 10 hours, comfortably within the official 12 hour challenge target. We will be walking at pace of the slowest members of the group(s). Depending on number of applicants and their previous experience, we may be able to offer a second group aiming for a 12 hour walking time to accommodate a wider range of abilities.

Cost: £20/person - due at time of booking.

Transport: Transport is not included. If you need a lift to the challenge do let us know and we will do our best to put you in touch with someone else taking on the challenge who can offer you a lift.

Accommodation: We think the challenge can be completed in a day trip from Manchester, albeit a long day. If you are travelling from further than Manchester this may be difficult. We have not included accommodation in the plans or cost. If you'd like to arrange your own accommodation, you are welcome to do so. Information of some local places to stay are included on the final page.

Children: Children are welcome to take part in this event. Children under the age of 16 must walk with a parent or guardian (with parent's written permission).

Sponsorship

By joining this event you are committing to trying to raise £200 sponsorship to help people live Amazing Lives and be part of Everyday Miracles through our work in Zambia, Namibia and Tanzania. **We think this a great challenge with potential for you to raise more so why not see if you can smash the £200 target and raise £492, enough to support Dorothy or a team member like her for a year!**

Payment

Payment is due alongside this booking form. Payment details are included on the application form.

Food & Drink

You will be responsible for bringing food, snacks and drinks for yourself.

Equipment

The English weather can never be predicted. Come prepared! We suggest waterproofs, insect repellent, sun cream, packed lunch, plenty of fluids, camera, day sack, basic first aid kit and sturdy walking shoes.

Further information

Further information about this event is available:

- on our website www.dignityonline.org.uk/events
- by contacting Jo Kimball or Maral Assadzadeh in our office on 0161 434 8841 or by email at events@dignityonline.org.uk

Meet Dorothy...



Dorothy runs a household of 18, oversees work on the family farm and earns some extra money for her family by working as a tailor in the evenings. She also volunteers as a Dignity Impact Team member.

One day as she working on her farm a lady who looked desperately unhappy asked Dorothy for some work. Feeling pity on her, Dorothy agreed to pay her for a day's work.

As they talked Dorothy discovered that the lady was called Rosemary and that she had been chased out of her community after being branded a witch. She was living an isolated life of poverty and owned only one set of clothes and struggled to feed herself.

'Her family lives all round her and nearby. They want nothing to do with her. They are scared of her.'

Rosemary felt alone and frightened. Dorothy believed that superstition had been the cause of Rosemary's suffering.

'I told that her she is not a witch. I told her about God, about the Life Group that meets and that she was welcome.'

Rosemary has joined a Life Group where she has found friendship and has discovered the love of Jesus. The Life Group is helping her to rebuild relationships with her family, Rosemary has a new life!

Dorothy is part of a growing group of missionaries inspiring those around them to love God and to love their neighbour.

Just £492 will allow us to support Dorothy or a team member like her for a whole year.

Dignity Yorkshire 3 Peaks Booking Form: 30th June 2018

To book your place on the Peak District 10s, please complete this form and return it to us on events@dignityonline.org.uk or by post to, Dignity, 6 Barlow Moor Road, Didsbury, Manchester, M20 6TR.

Your Details

Name:		Date of Birth:	
Address:			
Email:		Telephone: (mobile)	
Emergency contact name and relationship to you:			
Emergency contact number (mobile & landline)			
Previous experience:			
Contact preferences			Please tick your preferred option
I only want Dignity to contact me about this event. I agree to them contacting me using the details provided and understand that these details will be added to Dignity's database.			
I want to hear more about the work of Dignity to help me with my fundraising and agree to Dignity sending me stories of AMAZING LIVES and EVERYDAY MIRACLES, updates on their work, information about their events, appeals, campaigns and prayer requests. I agree to them contacting me using the details provided and understand that these details will be added to Dignity's database.			

Your Expectations

To help us gauge the expectations of the group, please let us know which of these applies to you:	Please tick as appropriate
<ul style="list-style-type: none"> I could complete the route in 10 hr (average speed 2.4 miles per hour) 	
<ul style="list-style-type: none"> I could complete the route in 12 hr (average speed 2 miles per hour) 	

Medical information (in confidence)

Please list any conditions we should be made aware of: (eg. Epilepsy, asthma, diabetes, heart conditions, severe menstrual pains, pregnancy etc.)	
Please list any medication you should be taking / carrying: (eg. Ventolin)	
Please list any allergies you have: (bee stings, penicillin, nuts etc.)	
PLEASE NOTE THIS INFORMATION IS KEPT IN THE STRICTEST OF CONFIDENCE.	
THE INFORMATION IS REQUIRED IN THE INTEREST OF YOU THE CLIENT, AND DIGNITY WILL NOT BE HELD RESPONSIBLE FOR ANY INCIDENTS THAT HAPPEN AS A RESULT OF NOT BEING FULLY INFORMED OF A CLIENT'S MEDICAL BACKGROUND.	
BY SIGNING THIS FORM YOU CONFIRM THAT THE ABOVE INFORMATION IS GIVEN TO THE BEST OF YOUR KNOWLEDGE.	

Lifts

To help us coordinate lifts for those who need them, please can you let us know, if you:
<ul style="list-style-type: none"> are happy to offer a lift from/to _____
<ul style="list-style-type: none"> would like a lift from/to _____

Agreement

I accept the risks and responsibilities associated with this event. I hereby agree to release Dignity, their directors, officers, agents, members, employees, representatives, successors and assignees from any and all claims, liability, loss, expense, costs and proceedings in respect of personal injury or illness or property that might arise from my involvement with Dignity.		
I agree to being driven by volunteers using vehicles hired by Dignity or, if required, volunteer's cars.		
If you wish to take out personal insurance in case of injury you are at liberty to do so.		
I understand my non-refundable payment of £20* is now due and I:	Please tick as appropriate	
<ul style="list-style-type: none"> enclose a cheque payable to Dignity, OR 		
<ul style="list-style-type: none"> have made a BACs transfer to Dignity's bank account, sort code 08-92-99, account number 65230022, OR 		
<ul style="list-style-type: none"> have made an online payment via card or Paypal through www.totalgiving.co.uk/donate/dignity (Please do not add gift). 		
I understand that Dignity reserves the right to cancel the event. If Dignity cancels the event, prior to commencement and through no fault of mine, I understand that refunds will be given in full.		
By returning this form I am:		
<ul style="list-style-type: none"> booking a place on the Yorkshire 3 Peaks, taking place on 30th June 2018; agreeing to the above terms and conditions; confirming that all information provided is given to the best of my knowledge; agreeing to pay Dignity the relevant fee; agreeing to raise sponsorship with a minimum target of £200. 		
Signed:	Printed name:	Date:

** If you want to pay in installments, this can be arranged. Please contact us to discuss this.*

Any other information

Please use this space to make us aware of any other information you would like to make us aware of.

Accommodation Suggestions

Whilst we are not providing accommodation as part of this event, here are some suggestions for local places to stay. Please note that we have not stayed at these venues previously so cannot guarantee the availability of quality of each place. Other options are available.

Camping and Bunkhouse

Stackstead Farm (20 minutes drive from Horton in Ribblesdale)
Ingleton
North Yorkshir
LA6 3HS

YHA

YHA Ingleton (25 minutes drive from Horton in Ribblesdale)
Ingleton
North Yorkshire
LA6 3EG

B&B / Inns

The Crown Inn Hotel
Hawes Road (B6479)
Horton-in-Ribblesdale
Settle
North Yorkshire
BD24 0HF

Broad Croft House B&B
Horton in Ribblesdale
Settle
North Yorkshire
BD24 0EX

The Traddock (15 minutes drive from Horton in Ribblesdale)
Austwick
Settle
North Yorkshire
LA2 8BY

The Old Hall Inn (15 minutes drive from Horton in Ribblesdale)
Chapel-le-Dale
Ingleton
North Yorkshire
LA6 3AR

The Buck Inn (25 minutes drive from Horton in Ribblesdale)
Cove Rd
Malham
Skipton
BD23 4DA