
5. Share Life

It is our responsibility as a Life Group to share with others, our church and our community what we know.

Share with your group

- Share what you have learnt with each other.
- Let it change your heart.
- When your heart is changed, your actions also change.
- Others will see this and want to know more about Jesus.

Share with your community

- Look around you.
- What are the needs of your community? Together with your group you can serve the people in your own community.
- Together with your group you can make a difference.

Your group should be learning about the love of Jesus but also should show love to those around you. Groups should look for needs in their community and try and help. Some groups have planted gardens to assist the poor, others helped the elderly or orphans.

So, what will your group do?

Share with other leaders in clusters

Group leaders within an area meet together with other group leaders every month. We call this meeting a 'cluster'.

In each meeting we pray together, talk about our problems and challenges. We share encouragements with one another.

We support one another to carry on the work that God has called us to.

6. Life Groups Plant

Life Groups should not stay the same over time. You should always be inviting new people to join. When your group has been meeting for a time, your group should try to plant another Life Group nearby. You can plant as many groups as you want.



LOOK for those who will be good leaders



TEACH them how to lead then **PLANT** a new group in or near your community



SUPPORT the new group and leader



RELEASE the leader and group to run alone



INVITE the new group leaders to meet once a month in a local cluster



REPEAT this life cycle in the new group and in your own group after some time

Your local contact phone and email:

We are here to help

Dignity UK Office: hello@dignityonline.org.uk

Life Groups

What are they? How do they work?



Life Groups are people from all backgrounds that meet anywhere from schools, under trees to homes. They learn together about Jesus and work together to transform their community for the better.

1. Everyone has a place

Everyone is welcome to be part of a Life Group, no matter who they are or what they might do.

Invite your friends, neighbours, people from all churches and those not attending church at all. Everyone can attend. Jesus spent time with the prostitutes and sinners and even though he didn't agree with their actions he showed them love. Everyone is welcome and should be cared for.

Read Acts 2:42-47. Meet regularly, teach, share, pray and support each other - just like the early church.

The leader should organise the Life Group meeting but they shouldn't do everything. We can learn from each other. Everyone can play their part. Over time you can train others to lead the session also.

Important Steps for Life Group Meetings

1. Meet somewhere easy to get to. It can be a house, under a tree, by the fields or at a school.
2. Meet every week, same time and same place.
3. Start on time and finish on time so people can plan the rest of their day

1 Corinthians 12:12-31. We are all part of the body of Christ and each of us has a role to play.

2. Life Changing Groups

Small Group Leading

Each Life Group is given weekly material to use. Follow the book. Don't miss out the discussions, examples or dramas. Your group needs these to learn well.

Try not to talk too much. The groups are not time for preaching. Allow others to talk - we can learn from each other.

Don't allow one person to talk too much, encourage the quieter people to speak.

Encourage people to be honest and open in their answers. Help them to think of ways to put what they have learnt into practice. Often the material will help you with this.

God wants to transform us

Read Matthew 28:19-20. We are to make disciples who live out Jesus, not simply people who go to church. Allow the Holy Spirit to change your group so they want to serve God and their community.

Share your life and encourage others to do the same. Be an example with the words you say and the things you do. Admit you make mistakes.

You should meet one or two people from your group during the week. Show them love and challenge them to serve and follow God in every area of their life.

In time encourage others to visit and serve also. Everyone in the group needs to use their gifts.

3. Helped by the Holy Spirit

The Holy Spirit makes us like Jesus

We become a new person when we follow Jesus. We are born again as a son or daughter of God. A new creation. We are meant to live for Jesus instead of just ourselves.

Read 2 Corinthians 5:14-21

The Holy Spirit helps us

We can easily feel overwhelmed. We don't believe that we can manage the task in front of us. Leading a Life Group can be difficult and hard work. We must remember God sends his Holy Spirit and the people in our group to help us. We must remember that we cannot change people, it is God's work to do this. We must teach, live and encourage, leaving God to do the rest. You are not in this alone.

Read Romans 8:26-27

4. Be Involved

To be a Christian in your village or community, means being involved. You can find solutions and help people with their problems.

We have been given so much by Jesus who has saved us. The life of God in us must show itself to those in our group and community. Good Christians are not measured by their preaching or how rich they are. They are measured by their fruit. The fruit is their character and the actions they take in their life.

Read Luke 6:43-49 and Galatians 5:22-23